

Mentor Tips & Resources

Did you know...

Helping your mentee make a smooth transition to secondary school

Transitioning to middle or high school can be a very scary time for some students. They will be required to be even more responsible for their learning and it's important to help your mentee develop self-enhancing goals and apply strong student skills for successful learning.

As a mentor, it is important to set a good example and continue to keep your mentee accountable with their organizational and study skills. Have your mentee talk about things they can accomplish over the summer to prepare for a smooth transition to middle or high school. Share some useful tips, using visual examples, on how to prepare for school, using the homework planner, good note taking skills and setting aside time for homework.

Helpful tips for discussing the transition to secondary school with your mentee:

1. Talk to them about their feelings and concerns about attending a new school.
2. Talk about the classes, tier class schedule and electives for next year.
3. Talk about setting goals and extra-curricular interests.
4. Reassure them that you will be there for them.

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Testimonial...

Mentor – a mentor is defined as a supportive adult who works with a young person to build a relationship by offering guidance, support, and encouragement to help the young person's positive and healthy development over a period of time. The most traditional understanding is a relationship between an adult acting as the mentor and a younger person acting as the mentee.

Mentoring can also include peer-to-peer mentoring and group mentoring, which includes multiple mentors and mentees.¹⁰

Formal/informal mentoring – there are two different types of mentoring relationships and formal/structured or informal/unstructured (also known as “naturally occurring”). “One way that a young person can receive mentoring is through a structured program. An organization like a school, a community group, or a faith-based organization matches an adult with a young person with whom they develop a

relationship in a structured manner through regular meetings and activities. In

Pinellas County School there are different types



of mentoring programs.

General Mentors – For students who need one-on-one guidance, support and an additional adult in their life as a role model.

5000 Role Models of Excellence – A group mentoring program designed to boost the self-image, and increase the social skills and academic performance, of targeted males.

Girlfriends of Pinellas County – A group mentoring program designed to empower young ladies through academic support. Students are provided resources and tools to encourage high self-esteem and self-reliance.

Peer-to-Peer Mentoring – High school seniors mentor incoming freshman. Seniors provide support and

guidance to students.

Born Eagles — This program is a collaborative effort across a broad cross section of students, parents, community agencies, and corporate citizens. The program is committed to promoting positive youth development, learning and networking.

Mentoring Village Email Communications System

– Pinellas County Schools offers an interactive digital environment called “Chat-A-Way.” Chat-A-Way is a new communications setting that provides mentors with additional channels to interact with their student(s) between face-to-face sessions. Mentors and mentees can continue discussing topics from previous meet-

All PCSB mentoring activities are on school grounds or school sponsored events. There is no outside contact or sharing of personal information, including phone numbers, emails and social media venues between mentors or mentees.

ings or plan and prepare for future meetings.

If you have any question or concerns about mentoring or would like to share with others your mentoring experience please contact Michelle Roberge—email at